



THE WELLSPRING SPA

WELLSPRING SPA TREATMENTS

SPA SERVICE HOUR : 14:00 - 22:00

LAST APPOINTMENT TIME : 20:30

RESERVATION NUMBER: +886-3-869-1158 EXT. 3850

MASSAGE

Traveler's Perk / Jetlag Recovering Massage / NT\$ 4,200

The total treatment duration is 105 minutes.

The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

A unique approach developed in Indonesia hundreds of years ago incorporating various techniques including palm pressure, thumb rolling, long strokes, kneading, Hawaiian Lomi-Lomi and Chinese Tapotement to reduce mental stress and physical tension. A selection of massage oils, all blended with essential oils and botanical carrier oils, will be presented for your choice before treatment.

Liberation / Deep Tissue Massage / NT\$ 4,600

The total treatment duration is 105 minutes.

The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Deep tissue massage focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness, and sore shoulders. The movement is slower and the pressure is deeper and concentrated on areas of tension and pain.

Earthly Gems / Warm Stone Massage / NT\$ 4,200

The total treatment duration is 105 minutes.

The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Warm, smooth stones are placed on the body's energy points, their heat penetrating deep within your muscles to melt away tension. Warm oils are also used with the rocks in long flowing massage strokes, producing deep relaxation and a sense of well-being.

Chinese Herbal Compress Massage / NT\$ 4,600

The total treatment duration is 120 minutes.

The actual treatment time is 75 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Chinese herbs are wrapped and steamed in a compress to conduct a body massage by gentle pressing, gliding and circular rolling movements, which relieve nerves, tendons and muscles of tension.

Stress Relief Massage / Back and Head Massage / NT\$ 3,000

The total treatment duration is 60 minutes.

The actual treatment time is 30 minutes; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Exclusive pampering treatment for those most put upon appendages- your back or feet, providing immediate tension release while soothing the nervous system. After this treatment, walking will feel like surfing.

Oriental Tea Aroma Massage Treatment / NT\$4,600

The total treatment duration is 105 minutes.

The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

This treatment uses tea-infused essential oils, combined with professional massage techniques and herbal compresses, applied gently through targeted pressure. This carefully designed approach helps relieve tense muscles and promote circulation, allowing for deep relaxation and balance through soothing aromas and sensations.

Experience :

- For the best service experience, we kindly ask that all treatments be reserved in advance. If you need to cancel, please notify us by phone or email (spa@siksplace-taroko.com.tw) at least one day before your appointment. Cancellations made without prior notice will incur a NT\$1,000 reservation fee. Please note that late arrivals will forfeit the session, and fees are non-refundable.
- After the treatment, if you would like to stay in the VIP Double room, every 30 minutes you will be charged NT\$1,000.
- Bathtub Add-on Option: Adults NT\$800 per person; Children NT\$300 per person. This includes 30 minutes for changing, showering, bathing, and tea refreshments.. Available only during the same time slot and in the same aroma therapy room.
- Massage extension: NT\$800 per 15 minutes.
- Prices are subject to a 10% service charge.
- The Wellspring SPA only provides aromatherapy. If there are any professional health questions, please kindly find a healthcare consultant.

SKIN POLISHING

Lulur 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute back massage.
An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

For centuries, every bride-to-be in the Javanese palace began the Lu-lur ritual forty days before her wedding ceremony to ensure beauty and glamour. A finely ground mixture of sandalwood, turmeric and rice powder exfoliates dead skin cells, followed by yogurt to moisturize and soften your skin. This treatment activates growth of new cells, leaving skin smooth and silky. Good for oily skin type.

Coffee 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute back massage.
An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

Indonesian mountain tribes believe that coffee can cleanse the skin and absorb unpleasant body odors. A concoction of ground coffee beans and rice powder eliminates dead skin cells and enhances the reproduction of young skin, followed by a carrot and seaweed moisturizer, refreshing your skin for a natural glow. Good for normal skin type.

Coconut 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute back massage.
An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

Shredded coconut mixed with turmeric powder gently exfoliates dead skin cells while nourishing your skin with natural moisturizer. A cucumber and seaweed extract then replenishes your body with skin-softening vitamins. Good for sensitive or dry skin type.

Corn 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute back massage.
An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

This scrub blends ground corn with yogurt, and is recommended for normal to oily skin type. The corn removes dead skin cells and the yogurt will soften the skin. After scrubbing, the fresh cucumber sea-weed juice will be applied, leaving your skin fresh and healthy.

Seaweed 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute back massage.
An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

This mixture of seaweed—rich in nutrients—and clay removes dead skin cells while moisturizing your skin. After scrubbing, a carrot sea-weed blend will be applied to leave you fresh and fragrant. Good for normal to dry skin type.

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BODY WRAPS

Boreh 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute head massage.

An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

Effective for soothing physical soreness and pain, and alleviating discomfort caused by gout. Covered with an Indonesian concoction of clove, pepper, cardamom, ginger and galangal, you will be wrapped in a thermal blanket, as healing warmth penetrates your body. Top off the treatment with a lavender mist spray to tranquilize your mind and spirit, along with a head and face massage.

Volcanic Clay 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute head massage.

An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

Good for detoxification and elimination of fine wrinkle lines. Enriched mineral clay from Mother Nature absorbs impurities deposited in your pores, with a lavender spray mist to soothe mind and body, along with a head and face massage.

Papaya Mint 1hr 30 min / NT\$ 3,000

The total treatment duration is 90 minutes, including 60 minutes of actual therapy time with a 15-minute head massage.

An additional 30 minutes are provided for changing, showering, bathing, and enjoying refreshments.

This new age spa treatment blends papaya with mint leaves. A body wrap using these natural ingredients will moisturize, cool and fresh the skin. During wrap application, lavender water will be sprayed over your entire body to enhance mental relaxation. Heat wrapping the body will help the skin absorb the benefits of the papaya and mint, while a head and face massage during wrapping will calm the mind and revive the spirit.

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FACIAL CARE

Whitening Mask 1hr 30 min / NT\$ 3,000

**The total treatment duration is 90 minutes,
including 75 minutes of actual therapy time;
an additional 15 minutes for changing, showering
and enjoying refreshments.**

Cools the skin and eliminates spots and marks.
Recommended for sunburn.

Avocado Mask 1hr 30 min / NT\$ 3,000

**The total treatment duration is 90 minutes,
including 75 minutes of actual therapy time;
an additional 15 minutes for changing, showering
and enjoying refreshments.**

Softens skin and relieves facial fatigue. Recommended
after extensive traveling.

Tomato Mask 1hr 30 min / NT\$ 3,000

**The total treatment duration is 90 minutes,
including 75 minutes of actual therapy time;
an additional 15 minutes for changing, showering
and enjoying refreshments.**

Balances and restores healthy skin functioning.
Good for oily or un-healthy skin.

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